# CASE STUDY: Quickservice Restaurant Chain Fry Life





Omega-9 Canola Oil's superior performance and extended fry life provides a cost-effective oil solution.

### **EXTENDING FRY LIFE**

The Omega-9 Oils team partnered with a national "burger and fries" quickservice restaurant chain specializing in a range of fried items including french fries, breaded chicken sandwiches, chicken fingers and onion rings. The collaboration tested how Omega-9 Oils performed in demanding foodservice kitchens — and how that performance translated to the balance sheet.

### **Fry Study Steps**

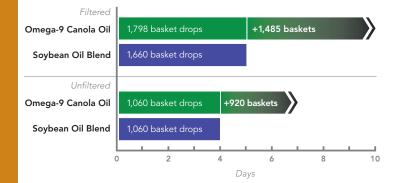
Fry Life Test (starches)

The team developed a comprehensive study reflecting the operation and its typical cooking oil, in four test stores. To conduct the study, the team:

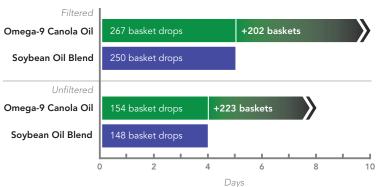
- Tested Omega-9 Canola Oil against the chain's current oil, a blend of RBD soybean oil and solid fat (fully hydrogenated soybean oil)
- Took daily oils samples from the four test stores
  Two stores filtering (2X) daily vs. two stores not filtering
- Conducted informal sensory analysis daily at each store
- Established and linked chemical and physical oil quality markers (free fatty acids, food and oil color, "break down products") to informal sensory evaluations
- Conducted a formal sensory trial in three of the four test stores to validate findings
  - A trained panel evaluated foods cooked in the current oil and Omega-9 Oil to determine food quality throughout the study
  - Daily consumer intercepts measured differences in food quality
- Measured success of operational execution in 35 stores, after initial test in four stores

## **Fry Study Objectives**

- Define fry life expectation/cost analysis under different filtering habits
- Identify changes in food quality throughout the oil's fry life
- Evaluate operational habits required to maximize the fry life of the oil
- Use chemical analysis to link changes in oil quality markers to changes in oil and food quality



#### Fry Life Test (chicken)

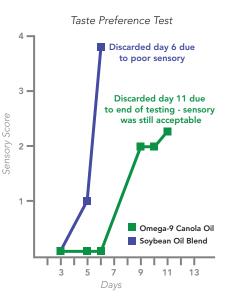


When frying french fries, Omega-9 Canola Oil extended fry life from 5 to 10 days in a filtered operation; and from 4 to 7 days in restaurants that didn't filter the oil. When frying chicken, Omega-9 Canola Oil extended fry life from 5 to 10 days in a filtered operation; and from 4 to 8 days in restaurants that didn't filter the oil.



## MAINTAINING GREAT TASTE

In three of the four test stores, a trained panel conducted a ten day formal sensory trial in which they tasted french fries prepared in Omega-9 Oils and french fries prepared in their current soybean oil blend. Daily consumer surveys captured consumers' impressions of the fries.



The formal taste test results were consistent with the results from the informal in-store sensory analyses. This sensory test revealed the food fried in Omega-9 Oils maintained its quality all ten days of the fry study while the food fried in the soybean oil blend had to be discarded after five days due to poor food quality.

In addition to maintaining the food's high quality and great taste, Omega-9 Oils also extended the fry life by five days, doubling the fry life of their current oil. After successfully testing the oil in the first four stores, all 35 stores in that region converted to Omega-9 Oils. Thirty of these stores immediately met the expectation of a ten day fry life. The remaining five did so after implementing simple operational changes.

## **FINAL RESULTS**

- Using the soybean oil blend, each store had an average of five days fry life; by switching to Omega-9 Canola Oil, educating employees and managing a few simple operational changes, they doubled the typical fry life of the oil to approximately ten days
- The extended fry life more than made up for the premium they paid for the Omega-9 Canola Oil, saving them money and time
- By switching to Omega-9 Oils, the restaurant chain calculated a savings of \$1,450.00 per unit, per year

### About Omega-9 Oils

The "next generation" in healthier oils not only offers longer fry life and great taste, they also offer unique health benefits that will satisfy the health-conscious consumer. These oils are:

- Zero trans fat
- The lowest in saturated fats
- Uniquely high (>70%) in monounsaturated or "heart-healthy" fats
- Cost-effective

Omega-9 Oils' health benefits, great taste, and superior performance make them the costeffective solution in today's cost-conscious kitchens.

For more information about Omega-9 Oils and how you can organize a test for your restaurant, go to www.Omega-9Oils.com or call 1-800-678-2388.