

### Description

Expeller Pressed Canola Oil undergoes a controlled refining, bleaching and deodorization process which ensures a quality product with enhanced flavor and shelf-life stability.

Can be used in various applications, such as mayonnaise, salad dressings, sauces, salad oils, canned foods, bakery products, and as cooking oil.

### Physical Characteristics

Type:	Refined, bleached and deodorized
Physical State:	Liquid
Appearance:	Clean, brilliant and free of foreign material
Taste:	Neutral/Pleasing
Odor:	Bland

### Chemical Characteristics

Free Fatty Acid %:	0.05% max.
Peroxide Value meq/ kg:	1.0 meq./ kg max.
Color (Lovibond):	1.5 Red / 10.0 Yellow max.
Iodine Value (Wijs):	105 - 126
Relative Density (20°C)	0.914 - 0.920
Refractive Index (ND 40°C)	1.465 - 1.467
Saponification Value (mg KOH/g)	182 - 193
Moisture %:	0.05 % Max
Cold Test:	12 hrs @ 32°F
Smoke Point:	232°C min

### Typical Fatty Acid Properties

C12:0	Lauric Acid	ND
C14:0	Myristic Acid	ND - 0.2 %
C16:0	Palmitic Acid	2.5 - 7.0 %
C16:1	Palmitoleic Acid	ND - 0.6 %
C18:0	Stearic Acid	0.8 - 3.0 %
C18:1	Oleic Acid	51.0 - 70.0 %
C18:2	Linoleic Acid	15.0 - 30.0 %
C18:3	Linolenic Acid	5.0 - 14.0 %

C20:0	Gadoleic Acid	0.2 - 1.2 %
C20:1	Arachidic Acid	0.1 - 4.3 %
C22:0	Behenic Acid	ND - 0.6 %
C22:1	Erucic Acid	ND - 2.0 %
C22:2	Docosadienoic Acid	ND - 0.1 %
C24:0	Lignoceric Acid	ND - 0.3 %
C24:1	Nervonic Acid	ND - 0.4 %

### Ingredients

Non-Hydrogenated Canola Oil

### Certifications

Star-K Kosher Certified

### Country of Origin

May be a product of any of the following countries: US=USA, CA=Canada and/or AU=Australia

### Packaging and Storage

Packaged in Tankers, 2,010, 2,093, 2,435 or 2,511 Lb Totes, 419 Lb Drums, 35 Lb Containers, 1 Gallon Containers or 3 Liter Bag in a Box Containers.

This product is best if used within 24 months from date of process, if un-opened.

Nutrient	1 Tablespoon (14g)	100g	Unit
Calories-Energy	120	880	kcal
Total Fat	14.0	100.0	g
Saturated Fat	1.0	7.0	g
Polyunsaturated Fat	4.0	28.0	g
Monounsaturated Fat	9.0	63.0	g
Trans Fat	0	0	g
Cholesterol	0	0	mg
Sodium	0	0	mg
Dietary Fiber	0	0	g
Sugars	0	0	g
Protein	0	0	g
Total Carbohydrates	0	0	g
Vitamin D(1)	0	0	IU
Calcium(1)(2)	0	0	mg
Iron(1)(2)	0	0	mg
Potassium(1)	0	0	mg

### Nutritional Statement

- (1) - "Contains less than 2% of the Daily Value of this (these) nutrient(s)"  
 (2) - "Not a significant source of Calcium and Iron"

Source: USDA National Nutrient Database for Standard Reference, Release 28, Revised May 2016





**Product Specification**

Product: **Canola Oil, Expeller Pressed, RBD**

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Quality Assurance Department  
Centra Foods

**SAMPLE**