

Description

High Oleic, Expeller Pressed, Safflower Oil is pressed from the seeds of the Safflower plant (a thistle plant grown in hot, dry areas) using mechanical means only. These seeds have increased nutritional value and do not undergo genetic modification in any way.

It is a healthy alternative to other vegetable oils because it contains a high amount of monounsaturated fat. It also does not lose its nutritional composition during cooking.

Can be used in various applications, such as mayonnaise, salad dressings, sauces, cooked foods, bakery products, and as cooking oil.

Standard Chemical Characteristics

| | |
|------------------------|--------------------|
| Free Fatty Acid % | 0.5% max. |
| Moisture % | 0.1% max. |
| Peroxide Value meq/ kg | 0.5 meq/ kg max. |
| Iodine Value | 80-100 |
| Saponification Value | 186-194 mg KOH/g |
| Refractive Index | 1.466-1.470 @ 25°C |
| Relative Density | 0.913-0.919 @ 20°C |
| Oleic Acid | 70-83.7% |

Ingredients

High Oleic, Expeller Pressed, Non-GMO Safflower Oil

Certifications

Star-K Kosher Certified, Non-GMO Project Verified

Country of Origin

May be a product of any of the following countries: US=USA

Packaging and Storage

Packaged in FlexiTanks, 2093 or 2100 Lb Totes, 419 Lb Drums, 35 Lb Containers, or 1 Gallon Containers.

This product is best if used within 24 months from date of process, if un-opened. All storage recommendations must be followed (see Shelf Life Standards document) to maintain this shelf life.

SAMPLE

Nutritional Statement

| Nutrient | 1 Tablespoon (13.5g) | 100g | Unit |
|---------------------|----------------------|-------|------|
| Calories-Energy | 120 | 884 | kcal |
| Total Fat | 14.0 | 100.0 | g |
| Saturated Fat | 1.0 | 7.5 | g |
| Polyunsaturated Fat | 7.7 | 12.8 | g |
| Monounsaturated Fat | 10.2 | 75.2 | g |
| Trans Fat | 0 | 0 | g |
| Cholesterol | 0 | 0 | mg |
| Sodium | 0 | 0 | mg |
| Dietary Fiber | 0 | 0 | g |
| Sugars | 0 | 0 | g |
| Protein | 0 | 0 | g |
| Total Carbohydrates | 0 | 0 | g |
| Vitamin D(1) | 0 | 0 | IU |
| Calcium(1)(2) | 0 | 0 | mg |
| Iron(1)(2) | 0 | 0 | mg |
| Potassium(1) | 0 | 0 | mg |

(1) - "Contains less than 2% of the Daily Value of this (these) nutrient(s)"

(2) - "Not a significant source of Calcium and Iron"

Source: USDA National Nutrient Database for Standard Reference, Release 28, Revised May 2016



Quality Assurance Department
 Centra Foods